



Student ID # _____

SPORT PSYCHOLOGY 0862

60 HOURS

PROGRAM OF STUDY CHECKSHEET

Eligible for LBP and AASP licensure

2020-2021

Semester & Grade

I. PSYCHOLOGICAL & COUNSELING FOUNDATIONS (27 hours)

| | | | |
|-------|-------|------|--|
| _____ | EDPSY | 5163 | Cog Beh Theories & Methods of Coun & Psychotherapy |
| _____ | EDPSY | 5353 | Standardized Group Tests |
| _____ | EDPSY | 5433 | Affective Theories of Counseling & Psychotherapy |
| _____ | H/P/E | 5443 | Advanced Group Counseling |
| _____ | PSYCH | 5063 | Advanced Physiological Psych |
| _____ | PSYCH | 5143 | Stats and Design in Applied Psychology |
| _____ | PSYCH | 5173 | Prof Orientation and Ethics in Clinical Psych |
| _____ | PSYCH | 5363 | Adolescent Psychopathology and Treatment |
| _____ | PSYCH | 5443 | Multicultural Consultation & Intervention |

II. SPORTS PSYCHOLOGY SPECIALIZATION (30 hours)

| | | | |
|-------|-------|------|---|
| _____ | PSYCH | 5023 | Advanced Social Psychology |
| _____ | PSYCH | 5043 | Advanced Sport Psychology |
| _____ | PSYCH | 5083 | Sports Performance Enhancement Strategies |
| _____ | PSYCH | 5153 | Research in Applied Psychology |
| _____ | PSYCH | 5183 | Advanced Abnormal Psychology |
| _____ | PSYCH | 5193 | Health Psychology |
| _____ | PSYCH | 5203 | Applied Biomechanics |
| _____ | PSYCH | 5213 | Life Coaching & Career Counseling |
| _____ | PSYCH | 5373 | Psychological Assessment |
| _____ | PSYKN | 5523 | Sports in American Society |

III. FIELD EXPERIENCES (3 hours)

| | | | |
|-------|-------|------|---|
| _____ | PSYCH | 5563 | Internship in Sport Psychology (MUST be completed student's last semester.) |
|-------|-------|------|---|

Student Signature

Date

Advisor's Signature

Date



SPORT PSYCHOLOGY 0862

PROPOSED PLAN OF STUDY OPTION

Three-Year Traditional Plan Route – Fall Start

| | |
|---------------------|--|
| Year 1 Fall: | EDPSY 5163, PSYCH 5063, and EDPSY 5353 |
| Spring: | PSYCH 5173, PSYCH 5183, and PSYCH 5043 |
| Summer: | PSYCH 5023, and PSYCH 5193 |
| Year 2 Fall: | EDPSY 5433, PSYCH 5143, and PSYCH 5083 |
| Spring: | PSYCH 5153, PSYCH 5363, and PSYCH 5373 |
| Summer: | PSYCH 5443 and PSYCH 5203 |
| Year 3 Fall: | H/P/E 5443, and PSYKN 5523 |
| Spring: | PSYCH 5213, and PSYCH 5563 |

NOTE: Internship must be taken the last semester before graduation.

PROPOSED ROTATION COURSE ROTATION

* Indicates courses with NO Prerequisite

Course Prefix, Number and Name

| | |
|------------|---|
| EDPSY 5163 | Cog Beh Theories & Methods of Couns & Psychotherapy* |
| EDPSY 5353 | Standardized Group Tests* |
| EDPSY 5433 | Affective Theories & Tech of Couns & Psychotherapy (Prereq: EDPSY 5163) |
| H/P/E 5443 | Advanced Group Counseling (Prereq: EDPSY 5433) |
| PSYCH 5023 | Advanced Social Psychology* |
| PSYCH 5043 | Advanced Sport Psychology (Prereq: Departmental approval) |
| PSYCH 5063 | Adv Physiological Psych* |
| PSYCH 5083 | Sports Performance Enhancement Strategies (Prereq: EDPSY 5163) |
| PSYCH 5143 | Stats and Design in Applied Psychology (Prereq: EDPSY 5353) |
| PSYCH 5153 | Research in Applied Psychology (Prereq: PSYCH 5143) |
| PSYCH 5173 | Prof Orientation and Ethics in Clinical Psych* |
| PSYCH 5183 | Advanced Abnormal Psychology (Prereqs: PSYCH 5113 or EDPSY 5163) |
| PSYCH 5193 | Health Psychology* |
| PSYCH 5203 | Applied Biomechanics (Prereqs: PSYCH 5063 and EDPSY 5163) |
| PSYCH 5213 | Life Coaching & Career Counseling (Prereqs: PSYCH 5113 and EDPSY 5163) |
| PSYCH 5363 | Adolescent Psychopathology & Treatment (Prereqs: PSYCH 5183 and EDPSY 5163) |
| PSYCH 5373 | Psychological Assessment (Prereq: EDPSY 5353) |
| PSYCH 5443 | Multicultural Consultation & Intervention (Prereqs for this block: PSYCH 5183 and EDPSY 5163) |
| PSYCH 5563 | Internship in Sport Psychology (Prereq: Departmental approval) |
| PSYKN 5523 | Sports in American Society |

Semesters Offered

| |
|--|
| Fall, Spring, & Summer - W |
| Fall, Spring, & Summer - W |
| Fall & Spring - X |
| Fall & Spring - X |
| Summer - TBD |
| Spring - W |
| Fall & Spring - W |
| Fall & Spring - TBD |
| Fall - BL |
| Spring - BL |
| Spring & Summer - BL |
| Spring - BL & Summer - W |
| Summer (Odd) - W |
| Summer - TBD |
| Spring - X |
| Fall & Spring - X |
| Fall - TBD & Spring - X |
| Fall & Summer - BL |
| Spring - X |
| Fall A & Spring A - W |

NOTE: Course are NOT necessarily in sequential order.

**Some courses may be offered more often than advertised, while others may not be offered when advertised due to instructor availability.*

Class Legend:

- A - 1st 8 Week Course
- B - 2nd 8 Week Course
- W - Web Course
- BL - Blended Course of Web and Live
- X - Live Course (Face to Face)
- IDS - Independent Study
- TBD - To Be Determined
- SWB - Synchronous Web Based Course