

College of Education and Psychology

2015-2016 Kinesiology - Recreation Degree Plan

FIRST YEAR - FRESHMAN

| <u>Fall Semester</u> | <u>Spring Semester</u> |
|---|--|
| ---3 * Humanities-Western Civilization** | 1-14 * Phys Science** (<i>CHEM 1114 recommended</i>) |
| BIOL 1-14 * Life Science** (<i>BIOL 1314 recommended</i>) | ENG 1213 * Freshman Composition II |
| ENG 1113 * Freshman Composition I | KIN 1962 Introduction to Kinesiology |
| KIN 2122 * Choices in Wellness | KIN 2272 First Aid |
| MATH 1-13 * Math** (<i>MATH 1513 recommended</i>) | KIN 2413 Applied Anatomy |
| UNIV 1001 * Freshman Seminar | |

16 TOTAL HOURS

14 TOTAL HOURS

SECOND YEAR - SOPHOMORE

| <u>Fall Semester</u> | <u>Spring Semester</u> |
|---|---|
| ---3 * Humanities-Cultural/Human Diversity** | ---3 * Communication** (Computer Literacy) |
| PSYCH 1113 * General Psychology | ---3 * Humanities & Social Sciences** |
| HIST 24-3 * United States History Survey** | KIN 2212 Outdoor Education |
| KIN 2252 Skills & Techniques in Individual Sports | KIN 2332 Skills Techniques-Movement Explore/Fitness |
| KIN 2262 Skills & Techniques in Team Sports | KIN 2532 Aquatic Skills & Programming |
| KIN 2713 Care and Prevention of Athletic Injuries | PS 1113 * United States Government |

16 TOTAL HOURS

15 TOTAL HOURS

THIRD YEAR - JUNIOR

| <u>Fall Semester</u> | <u>Spring Semester</u> |
|--|---|
| ---3 * Communication**(Speech or Language) | ---6 Minor (6 hours)*** |
| ---6 Minor (6 hours)*** | ---2 Elective (2 hours)**** |
| KIN 2243 Recreational Leadership | Choose one ---3 BIOL 3634; FCS 1513; KIN 3233 or 4593 |
| KIN 4593 Psychology of Sports | KIN 3612 Motor Learning |
| UNIV 3001 * General Education Seminar | KIN 3623 Community Recreation |

16 TOTAL HOURS

16 TOTAL HOURS

FOURTH YEAR - SENIOR

| <u>Fall Semester</u> | <u>Spring Semester</u> |
|---|--|
| ---6 Minor (6 hours)*** | ---3 Minor (3 hours)*** |
| ---6 Elective (6 hours)**** | ---6 Elective (6 hours)**** |
| KIN 3112 Officiating Sports | KIN 4153 Organization and Administration |
| KIN 4212 Intramural Sports Administration | KIN 4283 Practicum |

16 TOTAL HOURS

15 TOTAL HOURS

TOTAL DEGREE PLAN HOURS 124

*General Education Requirement

***Minor Required (16-21 hours)

**See current catalog "General Education Requirements" for selection

****Electives Required (14-19 hours), **MUST BE ALL UPPER LEVEL**