

# College of Education and Psychology

## 2016-2017 Kinesiology Degree Plan

### FIRST YEAR - FRESHMAN

<u>Fall Semester</u>	<u>Spring Semester</u>
BIOL 1-14 * Life Science** ( <i>BIOL 1114 recommended</i> )	---3 * Communication** (Computer Literacy)
ENG 1113 * Freshman Composition I	---3 * Humanities-Western Civilization**
KIN 2122 * Choices in Wellness	1-14 * Phys Science** ( <i>CHEM 1114 recommended</i> )
MATH 1-13 * Math** ( <i>MATH 1513 recommended</i> )	ENG 1213 * Freshman Composition II
PSYCH 1113 * General Psychology	KIN 1962 Introduction to Kinesiology
UNIV 1001 * Freshman Seminar	KIN 2272 First Aid

**16 TOTAL HOURS**

**17 TOTAL HOURS**

### SECOND YEAR - SOPHOMORE

<u>Fall Semester</u>	<u>Spring Semester</u>
---3 * Humanities & Social Sciences**	---3 * Communication**(Speech or Language)
HIST 24-3 * United States History Survey**	---3 Elective Courses (Upper Level)****
KIN 2252 Skills & Techniques in Individual Sports	---3 * Humanities-Cultural/Human Diversity
KIN 2262 Skills & Techniques in Team Sports	KIN 2332 Skills/Techniques:Movement Explore/Fitness
KIN 2413 Applied Anatomy	KIN 2713 Care & Prevention of Athletic Injuries
PS 1113 * United States Government	KIN 3612 Motor Learning

**16 TOTAL HOURS**

**16 TOTAL HOURS**

### THIRD YEAR - JUNIOR

<u>Fall Semester</u>	<u>Spring Semester</u>
---6 Minor Courses***	---3 Minor Courses***
KIN 3352 Research and Evaluation of Kinesiology	Choose one ---3 BIOL 3634; FCS 1513; KIN 3233 or 3623
KIN 3723 Biomechanics	KIN 2222 Sports Nutrition
KIN 4593 Psychology of Sports	KIN 2432 Theory of Coaching
	KIN 3733 Physiology of Exercise
	KIN 4223 Strength and Conditioning

**14 TOTAL HOURS**

**16 TOTAL HOURS**

### FOURTH YEAR - SENIOR

<u>Fall Semester</u>	<u>Spring Semester</u>
---3 Elective Courses (Upper Level)****	---5 Elective Courses (Upper Level)****
---9 Minor Courses***	---3 Minor Courses***
KIN 4623 Exercise Testing & Prescription	KIN 4153 Organization and Administration
	KIN 4283 Practicum

**15 TOTAL HOURS**

**14 TOTAL HOURS**

**TOTAL DEGREE PLAN HOURS 124**

\*General Education Requirement  
 \*\*\*MINOR REQUIRED (16-21 hours)

\*\*See current catalog "General Education Requirements" for selection  
 \*\*\*\*Electives Required (9-15 hours), **MUST BE ALL UPPER LEVEL**