



Student ID # _____

SPORT PSYCHOLOGY 0862
60 HOURS
PROGRAM OF STUDY CHECKSHEET
2023-2024

Semester & Grade

I. PSYCHOLOGICAL & COUNSELING FOUNDATIONS (27 hours)

_____	EDPSY	5163	Cog Beh Theories & Methods of Coun & Psychotherapy
_____	EDPSY	5353	Standardized Group Tests
_____	EDPSY	5433	Affective Theories of Counseling & Psychotherapy
_____	H/P/E	5443	Advanced Group Counseling
_____	PSYCH	5063	Advanced Physiological Psych
_____	PSYCH	5143	Stats and Design in Applied Psychology
_____	PSYCH	5173	Prof Orientation and Ethics in Clinical Psych
_____	PSYCH	5363	Adolescent Psychopathology and Treatment
_____	PSYCH	5443	Multicultural Consultation & Intervention

II. SPORTS PSYCHOLOGY SPECIALIZATION (30 hours)

_____	PSYCH	5023	Advanced Social Psychology
_____	PSYCH	5043	Advanced Sport Psychology
_____	PSYCH	5083	Sports Performance Enhancement Strategies
_____	PSYCH	5153	Research in Applied Psychology
_____	PSYCH	5183	Advanced Abnormal Psychology
_____	PSYCH	5193	Health Psychology
_____	PSYCH	5203	Applied Biomechanics
_____	PSYCH	5213	Life Coaching & Career Counseling
_____	PSYCH	5373	Psychological Assessment
_____	PSYKN	5523	Sports in American Society

III. FIELD EXPERIENCES (3 hours)

_____	PSYCH	5563	Internship in Sport Psychology (MUST be completed student's last semester.)
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Student Signature

Date

Advisor's Signature

Date



SPORT PSYCHOLOGY 0862

PROPOSED PLAN OF STUDY OPTION

Three-Year Traditional Plan Route – Fall Start

Year 1 Fall:	EDPSY 5163, PSYCH 5063, and EDPSY 5353
Spring:	PSYCH 5173, PSYCH 5183, and PSYCH 5043
Summer:	PSYCH 5023, and PSYCH 5193
Year 2 Fall:	EDPSY 5433, PSYCH 5143, and PSYCH 5083
Spring:	PSYCH 5153, PSYCH 5363, and PSYCH 5373
Summer:	PSYCH 5443 and PSYCH 5203
Year 3 Fall:	H/P/E 5443, and PSYKN 5523
Spring:	PSYCH 5213, and PSYCH 5563

NOTE: Internship must be taken the last semester before graduation.

PROPOSED ROTATION COURSE ROTATION

* Indicates courses with NO Prerequisite

Course Prefix, Number and Name

Semesters Offered

EDPSY 5163	Cog Beh Theories & Methods of Couns & Psychotherapy*	Fall, Spring, & Summer - W
EDPSY 5353	Standardized Group Tests*	Fall, Spring, & Summer - W
EDPSY 5433	Affective Theories & Tech of Couns & Psychotherapy (Prereq: EDPSY 5163)	Fall & Spring - X
H/P/E 5443	Advanced Group Counseling (Prereq: EDPSY 5433)	Fall & Spring - X
PSYCH 5023	Advanced Social Psychology*	Summer - TBD
PSYCH 5043	Advanced Sport Psychology (Prereq: Departmental approval)	Spring - W
PSYCH 5063	Adv Physiological Psych*	Fall & Spring - W
PSYCH 5083	Sports Performance Enhancement Strategies (Prereq: EDPSY 5163)	Fall & Spring - TBD
PSYCH 5143	Stats and Design in Applied Psychology (Prereq: EDPSY 5353)	Fall - BL
PSYCH 5153	Research in Applied Psychology (Prereq: PSYCH 5143)	Spring - BL
PSYCH 5173	Prof Orientation and Ethics in Clinical Psych*	Spring & Summer - BL
PSYCH 5183	Advanced Abnormal Psychology (Prereqs: PSYCH 5113 or EDPSY 5163)	Spring - BL & Summer - W
PSYCH 5193	Health Psychology*	Spring(Odd)&Summer(Even) - W
PSYCH 5203	Applied Biomechanics (Prereqs: PSYCH 5063 and EDPSY 5163)	Summer - TBD
PSYCH 5213	Life Coaching & Career Counseling (Prereqs: PSYCH 5113 and EDPSY 5163)	Spring(Even) - X
PSYCH 5363	Adolescent Psychopathology & Treatment (Prereqs: PSYCH 5183 and EDPSY 5163)	Fall & Spring - X
PSYCH 5373	Psychological Assessment (Prereq: EDPSY 5353)	Fall - TBD & Spring - X
PSYCH 5443	Multicultural Consultation & Intervention (Prereqs for this block: PSYCH 5183 and EDPSY 5163)	Fall & Summer - BL
PSYCH 5563	Internship in Sport Psychology (Prereq: Departmental approval)	Spring - X
PSYKN 5523	Sports in American Society	Fall A & Spring A - W

NOTE: Course are NOT necessarily in sequential order.

***Some courses may be offered more often than advertised, while others may not be offered when advertised due to instructor availability.**

Class Legend:

- A - 1st 8 Week Course
- B - 2nd 8 Week Course
- W - Web Course
- BL - Blended Course of Web and Live
- X - Live Course (Face to Face)
- IDS - Independent Study
- TBD - To Be Determined
- SWB - Synchronous Web Based Course