EAST CENTRAL UNIVERSITY

KINESIOLOGY (EXERCISE SCIENCE) - B.S.
0202/UG11-UG12

Advisor _____

Student's Name_____ **ID No.** _____

DEGREE CHECK INCLUDES CURRENT ENROLLMENT

Checked by _____ **Date** _____   **Work in progress**_____
Required:
124 total hours _____ **completed**
30 hrs @ ECU_____ **completed**
(15 of last 30 must be at ECU) _____
60 hrs @ Sr College _____ **completed**
40 hrs upper level _____ **completed**
HS Curricular Req __ **met** __ **not met**

2.0 minimum required in the following areas:
ECU Avg _____ **Rtn Avg** _____
Major Overall Avg _____
Major ECU Avg_____
Minor Overall Avg _____
Minor ECU Avg _____

Work lacking:
Major ____ **(inc A/C and Related Work)**
Minor ____ **(incl Rel Wk)**
Prof Educ _____
General Educ ____
Comp Prof ___ **met** ___ **not met**
Serv Lrng ___ **met** ___ **not met**

REQUIREMENTS	HOURS

I. General Education (45 HOURS)

2 hours (KIN 2122) counted in the Major

Other hours needed — **43**

II. Major in KIN - Exercise Science — **50-51**

    A. Required General Education — 2
__ KIN 2122 Choices in Wellness

    B. Required in KIN Core — 26
__ KIN 1962 Intro to Kinesiology
__ KIN 2252 Skls & Tech Ind Spts
__ KIN 2262 Skls & Tech Tm Spts
__ KIN 2272 First Aid
__ KIN 2332 Skls & Tech Mvmt Expl/Ftns
__ KIN 2413 Applied Anatomy
__ KIN 2532 Aquatic Skills and Programming
__ KIN 2713 Care and Prevention Ath Inj
__ KIN 3612 Motor Learning
__ KIN 4153 Organization and Administration
__ HRPSY 3253 Psychology of Aging

    C. Required in Exercise Science Concentration — 19
__ KIN 2222 Sports Nutrition
__ KIN 3352 Research and Evaluation of Kinesiology
__ KIN 3723 Biomechanics
__ KIN 3733 Physio of Exercise
__ KIN 4223 Strength & Conditioning
__ KIN 4283 Practicum
__ KIN 4623 Exer Test & Prescription

REQUIREMENTS	HOURS

    D. Required Exercise Science Electives — 3-4
3-4 hours from the following:
__ BIOL 3634 Human Physiology
__ FCS 1513 Nutrition
__ KIN 3233 Adapted PE
__ KIN 4593 Psy of Sports

III. Minor (Required) — **16-21**

IV. Electives — **9-15**

V. Total Hours Required — **124**

VI. Special Requirements

Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.

The OSRHE computer proficiency graduation requirement will be met through completion of one of the courses in the institution's general education computer literacy options (including equated or substituted courses), or testing out of the challenge exam for this course, OR successful completion of an associate of arts or associate of science degree at an Oklahoma two-year college in which the computer skills requirement was met. Satisfaction of this requirement may not reduce or remove any program requirements.

Students beginning at East Central University in the fall 2007 semester or later who have earned less than sixty-four semester hours are required to take two classes with designated service-learning component. Students transferring to ECU for the first time in the fall 2007 semester or later with sixty-four or more semester hours will be required to take one class with a service-learning component.

MINOR_____

____ _____   ____ _____   ____ _____

____ _____   ____ _____   ____ _____

____ _____   ____ _____   ____ _____

____ _____   ____ _____   ____ _____