

**EAST CENTRAL UNIVERSITY
COLLEGE OF EDUCATION AND PSYCHOLOGY
KINESIOLOGY MINOR 200D
2025-2026 CATALOG YEAR**

Minor in Kinesiology (18 Credit Hours)

I. Required Courses 12 hours

- KIN 1963 Introduction to Kinesiology
- KIN 2273 First Aid
- KIN 2413 Applied Anatomy
- KIN 2713 Care & Prevention of Athletic Injuries

II. Select 6 hours from the following:

- KIN 2433 Theory of Coaching
- KIN 3303 Fundamentals of Sports Administration
- KIN 3613 Motor Learning
- KIN 4223 Strength & Conditioning
- KIN 4593 Psychology of Sports

6 hours

III. Special Requirements

- Must earn three hours of upper division work at ECU towards minor to complete minor residency requirement.

Total Hours Required

18 hours