EAST CENTRAL UNIVERSITY
COLLEGE OF EDUCATION AND PSYCHOLOGY
PSYCHOLOGY - BEHAVIORAL HEALTH (BS) - 0372
4-YEAR PLAN
2026-2027 CATALOG YEAR

FIRST YEAR- FRESHMAN (32-HRS)

Fall Semester
UNIV 1001 Tiger Connect*
ENG 1113* Freshman Composition I
MATH 1513* College Algebra OR
MATH 1223 or 1613
Civic Consciousness*
General Education Elective*
(KIN 2183 Basic Nutrition Recommended)
PSYCH 1113 General Psychology*
16 TOTAL HOURS

Spring Semester
ENG 1213 * Freshman Composition II
Nature and Science*
Civic Consciousness*
Exploration & Personal Enrichment*
(CMPSC 1513 Computer Lit. Rerecommended)
PSYCH 2403 Sociocultural Psychology .
16 TOTAL HOURS

SECOND YEAR-SOPHOMORE (30-HRS)

Fall Semester
Nature and Science*
Cultural and Aesthetic Awareness*
Elective or Minor
Elective or Minor
PSYCH 3463 Child & Adolescent Psychology
15 TOTAL HOURS

Spring Semester
Exploration & Personal Enrichment*
(SOC 1113 Intro. Sociology Recommended)
Cultural and Aesthetic Awareness*
Elective or Minor
PSYCH 2313 History & Systems of Psychology
PSYCH 4133 Abnormal Psychology
15 TOTAL HOURS

THIRD YEAR - JUNIOR (30-HRS)

Fall Semester
Elective or Minor
Elective or Minor
Elective or Minor
PSYCH 3023 Intro to Health Psychology
PSYCH 4413 Psychology of Personality
15 TOTAL HOURS

Spring Semester
Elective or Minor
Elective or Minor
Elective or Minor
PSYCH 3053 Intro to Clinical & Counseling Psych
PSYCH 4213 Psychological Tests & Measurement
15 TOTAL HOURS

FOURTH YEAR - SENIOR (28-HRS)

Fall Semester
Elective or Minor
Elective or Minor
Elective or Minor
Elective or Minor
HRPSY 3253 Psychology of Aging
PSYCH 4001 Psychology Senior Seminar
(complete in fall OR spring senior year)
15-16 TOTAL HOURS

Spring Semester
Elective or Minor
Elective or Minor
Elective or Minor
PSYCH Approved Elective
PSYCH 4001 Psychology Senior Seminar
(if not completed in fall semester)
12-13 TOTAL HOURS

Legend:
**General Education Requirements*