

East Central University

Kinesiology - B.S.
0202/UG24

Student Name: _____	Student ID # _____
30 hours at ECU completed	Advisor: _____
60 hours at Sr college completed	
40 hours upper level completed	_____ OSRHE Computer Proficiency Requirement met

Requirements	Hours	Hours
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A maximum of 12 hours may be applied to both the major/related work and general education

Courses highlighted in blue are general education courses.

I. General Education (40 Hours)	40
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II. Major in Kinesiology	63
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	KIN	1963	Intro to Kinesiology
	KIN	2122	Choices in Wellness
	KIN	2223	Sports Nutrition
	KIN	2273	First Aid
	KIN	2413	Applied Anatomy
	KIN	2433	Theory of Coaching
	KIN	2713	Care and Prevention of Athletic Injuries
	KIN	3103	Technology in Kinesiology
	KIN	3233	Adapted Physical Education
	KIN	3303	Fundamentals of Sports Administration
	KIN	3353	Research and Evaluation of Kinesiology
	KIN	3563	Health Promotion
	KIN	3613	Motor Learning
	KIN	3723	Biomechanics
	KIN	3733	Physiology of Exercise
	KIN	3883	Legal Aspects of Kinesiology
	KIN	4153	Organization and Administration
	KIN	4223	Strength and Conditioning
	KIN	4284	Practicum
	KIN	4593	Psychology of Sports
	KIN	4623	Exercise Testing and Prescription

IV. Minor (Not Required)	0
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V. Electives	19
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An elective course is any college-level course not required by the degree that is utilized to reach the 120 credit hours required for degree completion. Elective courses are chosen according to the interest of the student and can be used in completion of a minor, certificate, or additional major.

VI. Total Hours Required	120
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VII. Special Requirements	
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Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.