

The ASC Guide to Study Strategies

Use your syllabus and planner.	If you know what is ahead and when to work on it, it will free up your mind to focus on what is next and it will reduce stress.
Preview.	Use the resources like PowerPoints and next assignments in Blackboard to preview for your next lecture. It may be helpful to have a printout of PowerPoints while you take notes. You can print multiple slides on one sheet. List any questions you may want to ask.
Be attentive during class.	Take notes during class. Make connections between what you previewed and what the professor emphasizes during lecture. Look for answers to your questions. Ask at then end if there is any clarification that you still need.
Review.	Go over your notes and class resources. Did your questions get answered? What was the most interesting points? What seemed to have the most emphasis?
Write, read aloud, and listen.	Uses as many senses as you can to review your information to help you recall it later.
Create something with your new knowledge.	When we create, we make that knowledge our own. Make a concept/mind map, flash cards, quiz, or diagrams of the information you have just learned.
Break large assignments into smaller tasks.	Make a to do list of the steps in your large assignment. List out the parts of your question you will need to answer. Tackle it bit by bit. Then make sure that it flows well together.
Take notes from memory.	Test yourself. See how much you can recall over a topic, then consult your notes and resources. Did you leave anything out? Study that and try again.
Review your exams.	What did you miss? Look over those topics again to gain mastery and prepare for future exams and assignments.
Quiz yourself and quiz someone else.	Make a practice test and take it in test like conditions. Find a study partner. Ask them study questions and anticipate the answer. Did they get it wrong? Explain it to them and help them understand. Then let them quiz you.
Take a break.	Spread out study sessions over the week. Don't cram for tests. Take a break to reset your mind and come back fresh to your tasks. Try using a Pomodoro timer.

Would you like advice on putting these strategies to work? Would you like to discuss other strategies to study more effectively and efficiently? Contact ECU's Academic Success Center to schedule a coaching meeting by calling 580-559-5696 or stop by Admin 262.