

**Transfer  
with  
Ease**

# Articulation Agreement

**BACHELOR OF SCIENCE: KINESIOLOGY**

**Catalog Year 2022–2023**

**Rose State College**

**East Central University**

**Associate of Science  
Health & Sports Science – Personal Trainer**

- ENGL 1113 English Comp I
- HPER 1202 Health & Wellness
- HPER 1113 First Aid/First Responder
- HPER 1213 Introduction to Health & Sports Sciences
- ORI 1101 College Orientation
- —3 hrs. MATH 15 hrs.
  
- ENGL 1213 English Comp II
- HPER 1222 Concept of Fitness
- HPER 2333 Sports Nutrition
- POLS 1113 American Federal Government
- —3 hrs. Humanities
- —2 hrs. General Education Electives 16 hrs.
  
- HPER 1391 Weight/Resistance Training
- HPER 2623 Physiology of Exercise
- HPER 2643 Applied Anatomy
- MCOM 1213 Public Speaking
- —3 hrs. Science (no lab)
- —3 hrs. Humanities 16 hrs.
  
- HIST 1483 U S History to 1877 OR HIST 1493 U S History Since 1877
- HPER 2612 Legal Aspects of Health & Sports Science
- HPER 2633 Principles of Personal Training
- —4 hrs. Science with lab
- —3 hrs. Liberal Arts Electives 15 hrs.

**Total Credit Hours** 62 hrs.

**Bachelor of Science—Kinesiology**

- KIN 3353 Research and Evaluation of Kinesiology
- KIN 3563 Health Promotion
- KIN 3883 Legal Aspects of Kinesiology
- —6 hrs. Elective 15 hrs.
  
- KIN 2223 Sports Nutrition
- KIN 2433 Theory of Coaching
- KIN 2713 Care & Prevention of Athletic Injuries
- KIN 3233 Adapted PE
- KIN 3723 Biomechanics 15 hrs.
  
- KIN 3733 Physiology of Exercise
- KIN 4223 Strength and Conditioning
- KIN 4593 Psychology of Sports
- —6 hrs. Elective 15 hrs.
  
- KIN 3303 Fundamentals of Sports Administration
- KIN 4153 Organization and Administration
- KIN 4284 Practicum
- KIN 4623 Exercise Testing & Prescription
- —2 hrs. Elective 15 hrs.

**Total Credit Hours** 60 hrs.



**YOUR FUTURE - YOUR CHOICE**



# Course Equivalency Table

| Rose State College                                   | East Central University               |
|--|---------------------------------------|
| HPER 1202 Health & Wellness                          | KIN 2122 Choices in Wellness          |
| HPER 1113 First Aid/First Responder                  | KIN 2273 First Aid                    |
| HPER 1213 Introduction to Health & Sports Science    | KIN 1963 Intro to Kinesiology         |
| HPER 1391 Weight/Resistance Training                 | HPER W1001                            |
| HPER 1222 Concepts of Fitness                        | KIN 2122                              |
| HPER 2333 Sport Nutrition                            | KIN 2223 Sports Nutrition             |
| HPER 2612 Legal Aspects of Health & Sports Science** | KIN 3883 Legal Aspects of Kinesiology |
| HPER 2623 Physiology of Exercise**                   | KIN 3733 Physio of Exercise           |
| HPER 2633 Principles of Personal Training**          | KIN 4223 Strength and Conditioning    |
| HPER 2643 Applied Anatomy                            | KIN 2413 Applied Anatomy              |

## NOTES:

- ⇒ \*\* Will transfer as course content but not for upper level credit: Student should meet with an ECU advisor for more information.
- ⇒ Articulated using RSC's A.A. for Health and Sports- Personal Trainer
- ⇒ A student transferring with an Associate degree in Arts or Science from RSC fulfills ECU's general education requirement by transferring his or her credit to East Central University. Transferring credit for general education does not eliminate or otherwise affect any of the following ECU requirements: (1) prerequisites; (2) specific requirements in majors, minors, or related work in these areas; or (3) the requirements for teacher certification. General Education equivalencies can be found by referring to either the Oklahoma State Regents Transfer Matrix or the ECU Transfer Matrix. Both matrices can be found at [www.ecok.edu](http://www.ecok.edu) by clicking on *Admissions* and scrolling down to *Course Transfer Matrix*.
- ⇒ A student must earn at least 40 semester hours in upper-division courses (numbered 3000 or higher). A course taught at RSC may equate in content to an ECU 3000-4000 level course, but it will not be counted as part of the 40 hours of upper level courses.
- ⇒ A student must earn at least 60 semester hours, excluding physical activity courses, at a baccalaureate degree granting institution.
- ⇒ A Student must earn at least 124 credit hours that apply to an ECU Bachelor's degree.