

PROGRAM ASSESSMENT REPORT

East Central University

Program Name: *Clinical Mental Health Counseling*

College/School Name: CLASS/Professional Programs in Human Services

Academic Year of Data Collected for Assessment: 2023-2024

East Central University Mission Statement:

To prepare students for tomorrow's world through a dynamic & diverse learning experience.

Program (Unit) Mission Statement: The master's degree in counseling exists to prepare students for professional clinical mental health counseling practice in public and private settings through mixed methods of learning.

Assessment Across the Program Statement:

Program outcomes will be assessed throughout the core courses within the program. The final assessment will be the National Counselor Exam (NCE) which is a culmination of all our curriculum.

External Instrument Availability for Program: *Yes. The National Counselor Exam offered by the National Board of Certified Counselors. Students may register for this assessment during their internship. However, they are not required to take the exam during the semester.*

GOAL 1: PROFESSIONAL ORIENTATION AND PRACTICE

Description: This area measures knowledge and skills of ethical decision-making, advocacy, and utilization of state and national rules, regulations and ethical codes.

Outcome 1.1: Students will explain and identify the history, philosophy and trends in the counseling profession, especially legal, ethical and advocacy elements.

Description: Students will explain their shift in thought about ethical practice and the proper process for legal and ethical change in the counseling profession

Instrument/Measurement: Paper – Legal and Ethical Shift

Description: This paper will reflect the most important shifts in the student's thinking about ethical practice of counseling including how the knowledge gained has expanded and impacted thinking regarding self, others, and the profession.

Standard

Population/Course: COUNS 5253 Legal and Ethical Aspects of Counseling

Standard Statement: N/A

Standard: Students will receive a score of 80% or higher on this paper

Finding: Data Table

Academic Year	Range of Scores	Mean of Scores	Pass Rate	n
2023-2024	ND	ND	ND	ND
2022-2023				
2021-2022				
2020-2021				

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2019-2020				
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NOTE: (explanation for NDs)

Analysis: A response is required for each question in the table.

Analysis Question	Analysis Response
1. Was your standard met or not met for the year?	ND: This data will begin being tracked in 2024-2025.
2. Whether met or not met, explain how your program performed in relation to the standard (relate the data in the table to the standard).	ND: This data will begin being tracked in 2024-2025.
3. Discuss possible reasons why the program performed as it did this year.	ND: This data will begin being tracked in 2024-2025.
4. Look at the 5-year data trends and discuss those. Note if data seem to be increasing/decreasing with time and if so, reasons why.	ND: This data will begin being tracked in 2024-2025.
5. Using your analysis responses, make specific data-driven decisions about your program. If no actions or changes are needed, state that. Copy/paste the #5 response to Summary of Data Driven Decisions (end of template)	ND: This data will begin being tracked in 2024-2025.

GOAL 2: Social and Cultural Identities and Experiences

Description: This goal provides students the opportunity to explore not only their own social and cultural identities and experiences but also those of individuals who are from a diverse background.

Outcome 2.1: Students will categorize and summarize theories, models, help-seeking behaviors, spiritual and cultural formations of diverse individuals as well as developing advocacy plans to assist this population.

Description: Students will display applicable therapeutic modalities and advocacy methods.

Instrument/Measurement: Paper – Cultural Immersion

Description: This paper will reflect students’ insights of how their worldview differs from that of the chosen culture. Students will critically reflect on the experience and how this knowledge will provide opportunities for treatment equality and advocacy.

Standard

Population/Course: COUNS 5673 Counseling the Culturally Diverse

Standard Statement: N/A

Standard: Students will score 80% or higher on this paper.

Finding: Data Table

Academic Year	Range of Scores	Mean of Scores	Pass Rate	n
2023-2024	ND	ND	ND	ND
2022-2023				

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2021-2022				
2020-2021				
2019-2020				

NOTE: (explanation for NDs)

Analysis: A response is required for each question in the table.

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GOAL 3: LIFESPAN DEVELOPMENT

Description: This content area explores an individual’s life from birth to death and examines tasks to complete at each stage.

Outcome 3.1: Application of Theories of Lifespan Development

Description: Students will articulate and apply theories and issues experienced by individuals throughout the lifespan.

Instrument/Measurement: Research Paper

Description: Students will research and reflect on an outlined topic and prepare a paper using the current APA style format.

(copy/paste/attach instrument in Appendix, see #4, p. 1 for details)

Standard

Population/Course: COUNS 5603 Human Growth and Development

Standard Statement: N/A

Standard: Students will receive an 80% of higher on this assignment

Finding: Data Table

Academic Year	Range of Scores	Mean of Scores	Pass Rate	n
2023-2024				
2022-2023				
2021-2022				

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2020-2021				
2019-2020				

NOTE: (explanation for NDs)

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GOAL 4: CAREER DEVELOPMENT

Description: This goal measures student understanding of the multiple career paths an individual takes throughout the lifespan.

Outcome 4.1: Application of Career Development

Description: Students will express how the theoretical development of various career theories impacts individuals throughout the lifespan and well as devise care programming across developmental levels.

Instrument/Measurement: Career Journey Analysis paper

Description: Students choose a career development theory and analyze their career journey.

Standard

Population/Course: COUNS 5633 Career Counseling and Development

Standard Statement: N/A

Standard: Students will receive an 80% of higher on this assignment

Finding: Data Table

Academic Year	Range of Scores	Mean of Scores	Pass Rate	n
2023-2024				

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2022-2023				
2021-2022				
2020-2021				
2019-2020				

NOTE: (explanation for NDs)

GOAL 5: COUNSELING PRACTICE AND RELATIONSHIPS

Description: This goal assesses student application of the various theories of counseling.

Outcome 5.1: Theoretical Foundations

Description: Students will examine the various theories and models of counseling leading to the facilitation of appropriate counseling skills.

Instrument/Measurement: Personal Philosophy of Counseling

Description: Students will complete a paper providing thorough information and a narrative of the student’s own developing and evolving perspective of counseling.

Standard

Population/Course: COUNS 5613 Counseling Theories

Standard Statement: N/A

Standard: Students will receive an 80% or higher on this assignment

Finding: Data Table

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2023-2024				
2022-2023				
2021-2022				
2020-2021				
2019-2020				

NOTE: (explanation for NDs)

GOAL 6: GROUP COUNSELLING AND GROUP WORK

Description: This domain appraises a student’s ability to lead and conduct groups in a variety of settings.

Outcome 6.1: Group leadership skills and group characteristics

Description: Students will distinguish between the various characteristics of group leaders and members and demonstrate appropriate group counseling skills.

Instrument/Measurement: Group Counseling Concept Paper

Description: Students will complete an analysis paper of group behaviors, dynamics and observations based on an identified group from a movie or book of choice.

Standard

Population/Course: COUNS 5713 Group Counseling

Standard Statement: N/A

Last revised Mar 2024 Roberson

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Standard: Students will receive an 80% of higher on this assignment

Finding: Data Table

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2023-2024				
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2020-2021				
2019-2020				

NOTE: (explanation for NDs)

GOAL 7: ASSESSMENT AND DIAGNOSTIC PROCESSES

Description: This goal measures student understanding of the assessment tools used by clinicians to affirm and diagnosis mental health issues.

Outcome 7.1: Assessment processes

Description: Students will determine appropriate instruments and devise appropriate treatment plans using data attained from chosen assessments.

Instrument/Measurement: Assessment Report

Description: Students will choose a character from a movie or film and complete a detailed assessment report for that client as if they were a counseling client.

Standard

Population/Course: COUNS 5623 Clinical Assessment

Standard Statement: N/A

Standard: Students will receive an 80% of higher on this assignment

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GOAL 8: RESEARCH AND PROGRAM EVALUATION

Description: This area measures student’s ability to evaluate relevant research in the counseling profession and present it in a cohesive manner.

Outcome 8.1: Research skills

Description: Students will implement fundamental research skills and methodologies to evaluate counseling practice, assessment, and outcome measures.

Instrument/Measurement: Research Proposal

Description: Students will propose an original research study related to the counseling field. The proposal will include an introduction, literature review and methodology section using the most current edition of APA style.

Standard

Population/Course: COUNS 5103 Counseling Research

Standard Statement: N/A

Standard: Students will receive an 80% or higher on this assignment

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2021-2022				
2020-2021				
2019-2020				

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GOAL 9: PROFESSIONAL PRACTICE

Description: This objective assesses the beginning of formal acquisition of the counseling skills needed to be successful in the professional counseling field.

Outcome 9.1: Professionalism

Description: Students will exhibit the attainment of counseling skills in a highly structured environment.

Instrument/Measurement: Practicum Supervisor evaluation

Description: Practicum supervisors will evaluate students based on their counseling knowledge and skills.

Standard

Population/Course: COUNS 5493 Practicum

Standard Statement: N/A

Standard: Students will receive a minimum score of

Finding: Data Table

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2022-2023				
2021-2022				
2020-2021				
2019-2020				

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GOAL 10: PROFESSIONAL IDENTITY DEVELOPMENT

Description: This goal measures student attainment of identity as a professional in the counseling field.

Outcome 10.1: Counseling Identity

Description: Students will embody the skills, knowledge, and abilities to provide counseling skills in a direct service environment with oversight.

Instrument/Measurement: Supervisor Evaluation

Description: Practicum supervisors will evaluate students based on their counseling knowledge skills, and report writing skills.

Standard

Population/Course: COUNS 5943 Internship

Standard Statement: N/A

Standard: Students will obtain a minimum score of

Finding: Data Table

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Student Information for this Academic Year	
Total, <i>unduplicated</i> number of students assessed this academic year	
Program census for Fall	
Program census for Spring	
Total number of Fall Program graduates	
Total number of Spring/Summer graduates	
Mean major GPA of Fall graduates	
Mean major GPA of Spring/Summer graduates	

NOTE: With the exception of the unduplicated number assessed (yellow), student information is provided by the Office of Institutional Research *and is made available in your Teams folder*. For help with determining unduplicated numbers, contact the Assessment Coordinator.

Faculty Meeting: List meeting date(s) and a roster of those in attendance.

SUMMARY TABLE OF GOALS/OUTCOMES/INSTRUMENTS

Goals	Outcome/Instrument (modify table to fit your report)	Direct/Indirect Measure	Met	Not Met
1:	1.1:			
	1.2:			
2:	2.1:			
	2.2:			
3:	3.1:			
	3.2:			

SUMMARY OF DATA-DRIVEN DECISIONS FOR CURRENT YEAR

Outcome	Summary of Data-Driven Decisions from Analyses Question 5
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	(modify table to fit your report)
1.1	
1.2	
2.1	
2.2	
3.1	
3.2	

APPENDIX

Copy/paste screenshots or narrative of blank instruments (e.g., rubrics, surveys, data report requests, prepared spread sheets, etc.) here.

*For Tests/Exams, provide a test blueprint or list of the information found on the test, but **do not copy/paste the test here since this report is made available to the public.***